

Voice of Hope
Pregnancy & Family Center
Education Action Plan

		Infant & First Year	Toddler	Parenting (cont.)
		0021 Infant Expectations	0111 Toddler Mommy Milestones	Have A New Kid by Friday
		0477 Infant Expectations: 0-3 Months	0112 Toddler Dev. Milestones 12-15 Months	0136 Have a New Kid by Friday: Monday
		0478 Infant Expectations: 3-6 Months	0113 Toddler Dev. Milestones 15-18 Months	0137 Have a New Kid by Friday: Tuesday
		0479 Infant Expectations: 6-9 Months	0114 Toddler Dev. Milestones 18-24 Months	0138 Have a New Kid by Friday: Wednesday
		0480 Infant Expectations: 9-12 Months	0115 Toddler Dev. Milestones 24-36 Months	0139 Have a New Kid by Friday: Thursday
		0584 Dunstan Lesson 1	0455 Potty Training	0140 Have a New Kid by Friday: Friday
		0585 Dunstan Lesson 2	0376 Tantrums	0438 Leman Secrets for Enjoying Your Kids
		0586 Dunstan Lesson 3	0365 Whining	Value Packed Parenting
		0475 Understnading Your Infant	0119 Siblings	0468 The 10 Best Gifts to Give Your Kids
		0019 Infant Temperament	0366 Sleeping, Bedtimes, Mornings	0469 How to Listen/Talk to Kids
		0041 Infant Nutrition	0377 Bonding with Your Toddler	0470 Discipline Isn't Spelled Punishment
		0022 Infant Hygiene	0367 Time with Toddler	0471 Improve Your Child's Self-Confidence
		0326 Newborn Sickness	0368 The Importance of Words	0472 Caution: Anger Ahead
		DVD Happiest Baby on the Block	0369 I Can Do it Myself	0473 Birth Order
		0023 Simple Infant Care	0493 Toddler Play	0474 Standing up to Technology
		0492 Crying	0327 Toddler Accidents	1-2-3 Magic
		0375 Getting Your Baby to Sleep	0328 Toddler Safety	DVD Straight Thinking
		0042 Baby on the Move	0329 Toddler Illness	DVD The 1-2-3 Magic
		0384 Shaken Baby Syndrome	0330 Toddler Nutrition	DVD Pt 1 - Real World Application
		0037 SIDS	0331 Toddler Oral Health	DVD Pt 2 - When There is an Audience
		0035 Preventing Child Sexual Abuse	Parenting	DVD Pt 3 - Variations and Getting Started
		0352 Immunizations	0390 ADD/ADHD	DVD Testing and Manipulation
		0033 Child Seat Safety	0391 Autism	DVD Counting in Action
		0039 Infant & Child CPR	0392 Strong Willed Children	DVD Introduction & Review
		0466 Child Abuse & Neglect	0393 Child Anger	DVD 7 Tactics for Good Behavior
		0448 Quality Child Care	0394 Sexual Behavior and Children	DVD Specific Applications
		0322 Mommy Work	0385 Creating Motivation	DVD Family Meeting/Self-Esteem
		0323 Being a Super Mom	0386 Creating Honesty	DVD Building Self-Esteem & the Payoff
		0364 Mommy Nutrition	0387 Creating Courage	Essentials of Discipline
		0018 Eye Contact Means Love	0388 Creating Kindness	DVD Why Your Child Needs Discipline
		0020 The importance of Bonding	0389 Creating Confidence	DVD Irresponsibility vs Defiance
			Parenting Without Shame	DVD Anger vs Action
			0569 Parenting without Shame 1	DVD Finding Balance in Discipline
			0570 Parenting without Shame 2	DVD To Spank or Not to Spank
			0571 Parenting without Shame 3	DVD Compliant vs Defiant
			0572 Parenting without Shame 4	DVD Changing Discipline with Time pt1
			0573 Parenting without Shame 5	DVD Changing Discipline with Time pt2
			0574 Parenting without Shame 6	DVD Protecting the Spirit
			0575 Parenting without Shame 7	DVD The Ultimate Priority
			0576 Parenting without Shame 8	
Pregnancy & Birth				
0255	Pregnancy Loss			
0252	Post Abortion Healing			
0028	Smoking/Drinking/Drugs			
0026	Going it Alone			
0371	Your First Trimester			
0362	Prenatal Care			
0370	Eating for Two			
0004	Your Ultrasound Appointment			
0372	What is Safe in Pregnancy			
0009	Bonding with Your Unborn Baby			
0499	First Trimeser Expectations			
0373	Your Second Trimester			
0007	Emotions of Pregnancy			
0319	At Rist Pregnancies			
0565	Preparing for Twins			
0013	Your Unborn Baby's Secret World			
0500	Second Trimester Expectations			
0374	Your Third Trimester			
0383	The Final Stretch			
0501	Third Trimester Expectation			
0014	Big Belly Mom Hacks			
0481	Prepating for a C-Section			
0363	Getting Ready: Nesting			
0024	Caring for Yourself After Birth			
0318	Postpartum Depression			
0566	Labor Expections			
0051	Labor 101: Intro and Options			
0052	Labor 101: Interventions & Labor			
0053	Labor 101: Moving Through Labor			
0054	Labor 101: What to Expect			
0055	Labor 101: Infant Care			
0046	Breastfeeding: Goals & Benefits			
0047	Breastfeeding: Your Breast Milk			
0048	Breastfeeding: Starting Right-Good Latch			
0049	Breastfeeding: Positions & 1st Weeks			
0050	Breastfeeding: Your Milk Supply & You			
0476	Breast Pumps and Briefcases			

Parenting (cont.)	Family (cont.)	Life Skills	Relationship Lessons
Boudaries With Kids	Co-Parenting	0494 Preparing for a Job	Love Lessons
DVD Parenting with an Eye to the Future	There is Hope!	0495 Finding a Job	0558 Sex is Awsome
DVD Eight Key Aspects of Character	Stable Parent, Stable Home	0496 Preparing for an Interview	0559 Pregnancy is Not a Disease
DVD Boundaries for Kids and Parents	Co-Parent Communication	0497 At the Interview	0560 STIs
DVD Overcoming Obstacles	Meetings & Handling the Handoff	0498 Success at Work	0561 Character
DVD What Will Happen if I do This?	6 Risks for Children After Divorce	0447 Taking Care of Hygiene	0562 Porn
DVD Pulling My Own Wagon	Holidays, Special Occasions & School	0450 Screen Time and You	0563 Your Heart
DVD I Can't do it All, But I'm Not Helpless	Critical Issues	0451 Depression / Suicide	0564 Protect Yourself
DVD I'm Not the Only One Who Matters	Abuse, Addiction & Abandonment	0452 Home Health (Housecleaning)	0378 Sex and You
DVD Beyond "Because I'm the Mommy"	Dating & Remarriage	0453 Anger Management	0379 Sex: The Heart of the Matter
DVD Pain Can Be a Gift	Beyond Child Support	0186 Fighting the Impulse to Spend	0380 STD/STI Avoidance
DVD Tantrums Aren't Forever	Fatherhood	0187 The Monster of Debt	0381 Choosing Marriage
DVD Be Happier, Be Thankful	0233 Respect for Mothers	0188 Credit Cards: Friend or Foe?	0382 Making the Commitment to Wait
DVD Jump-Start My Engine	0236 Discipline Foundation	0189 Financial Emergencies	Positive Partnership for Women & Men
DVD Honesty - The Best Policy	0237 Discipline Guidelines	0190 Budgeting 101	Healthy Boundaries
DVD Part 1 - Roll up Your Sleeves	0238 Situational Discipline	0191 Credit Scores	Cohabitation
DVD Part 2 - Roll up Your Sleeves	0482 Being a Father: The Two Questions	0192 Buying a Car	Marriage Choice
DVD Part 3 - Roll Up Your Sleeves	0483 Being a Father: Real Time	0193 Career or Job?	Staying Married
Family	0484 Being a Father: Being a Role Model	0194 Staying out of Debt	Single Parenting
Stepparenting	0485 Being a Father: Being a Leader	0195 Your Financial Future	0251 Healing from Abuse
DVD Stepparenting	0486 Being a Father: Being Consistent	Bible Study	0253 Relationship Loss
DVD The Roll of the Stepparent	0487 Being a Father: Loving Discipline	0577 Offering Your Worst to God	0254 Domestic Violence
DVD The First Rule of Love & Logic	0488 Being a Father: Practical Discipline	0578 The Painful Truth and Forgiveness	Unraveled Roots
DVD The Second Rule of Love & Logic	Being a Father: Co-Parenting	0579 From Sinner to Saint	0590 Why am I Here?
DVD The Foundation for Success	Being a Father: Blended Families	0580 The Truth Shall Set You Free	0591 The Root of Abandonment
0312 Helping Children Process Change	Being a Father: The Challenge	0581 Surrendering Our Weakness	0592 The Root of Addiction
0313 Family Stability Inside Change		0582 Gaining Victory	0593 The Root of Abuse
0314 Getting Established			0594 The Root of Codependency
0315 What is a Family?			0595 Where Do I Grow Now?
0317 Successful Family Living			Healthy Relationships
0284 Single Parenting & Deployment			0598 Your Relationship: Healthy?
0285 Family Unit: Deployment Return			0599 Understanding Power and Control
			0600 Recognizing the Cycle of Abuse
			0601 Warning Signs of Unhealthy People
			0602 Can an Abuser Change?

Voice of Hope Pregnancy & Family Center

voiceofhopepc.org
voiceofhopepc@yahoo.com

Marion
217 W. Center St.
740-223-0419

Bucyrus
115 W. Rensselaer St.
419-562-2274

Upper Sandusky
134 E. Wyandot Ave
419-294-2273

Forest
109 E. Dixon St
419-273-7099